

La Moye School Home Learning- Tips for Pupils



Here are some tips to help you be successful and keep you safe whilst we are doing home learning. We know that working from home can be tricky. There can be all sorts of distractions and new challenges, such as learning to use different programs and devices.

Remember that home learning does not all need to be online! Your teachers will set learning that is also 'offline', and this is just as important. This could be learning on paper, or learning by making, exploring, collecting, building...etc! Your teachers will also want to make sure you don't spend too long looking at a screen so get plenty of exercise and fresh air too. This will keep your body healthy and your mind too. If you don't have a device to use for home learning or are having problems with your device, let your teacher know.

Tips to be successful at Home Learning

- ✓ Try your best!
- ✓ Try to hand in work on time. Try not to ask your parents for help until you have read the instructions or listened to the video. A good idea is to read it/listen three times before you ask for help.
- ✓ Ask your teacher for help on email, Seesaw or Google Classroom if you really can't solve it.
- ✓ Tell your teacher if you can't do something because the device won't allow you to.
- ✓ Don't worry if your parents explain something in a different way- they are trying their best to help you, so be grateful and thank them for their time.
- ✓ Take time to make sure the learning is your best, so edit it and improve it like you do in class. Reading it back to yourself is a great way of doing this!
- ✓ Try not to get worried about the amount of work you have to do. Talk to your parents or teachers and they can help you split things up or tell you what to focus on. Try not to open up other tabs/websites on your device that will distract you as you work.
- ✓ Try to find a quiet place to work where you won't be distracted.
- ✓ Take regular breaks! Drink plenty of water! Have snack and lunchtimes as normal. Keep active- play football, go for a run, do a video workout...etc!
- ✓ Don't work much past 3pm unless you are doing homework tasks.
- ✓ Make sure you are not looking at your screen for too long at one time (30 minutes max. at one time).



Using Video to record learning and to have meetings

Video is a great way of recording your learning. Video calls help you to stay connected with people and talk to them as if they were really in the room. Hearing someone's voice or seeing their face on a screen can help you to feel better if you haven't seen them for a long time. At school we only use either Microsoft Teams or Google Meet for live video.

Tips for being successful with video:

- ✓ Make sure you are not in a bedroom, be in a shared space like a lounge or kitchen. Think about what is behind you in the shot.
- ✓ Make sure you are wearing sensible clothes.
- ✓ Be sensible and polite- talk to your teachers as if you were at school.
- ✓ Remember that your teachers are there to keep you safe, and if they are worried about you, they may have to tell someone after the meeting.
- ✓ Follow the way your teachers want you to work- you may need to turn off your video or microphone for part of the meeting.
- ✓ Tell your teacher or parent if you are unhappy, feeling uncomfortable, want the meeting to stop, or need to visit the toilet during the meeting.

